

**Time Standards for the 80 mile Event**

<b>REF</b>	<b>GROUP</b>	<b>SEX</b>	<b>AGE</b>	<b>HEADINGS</b>	<b>GOLD</b>	<b>SILVER</b>	<b>BRONZE</b>
8	A	M	18-39	MPH	18.5	17	16
				TIME	4.19	4.42	5.00
8	B	M	40-49	MPH	17	16	15
				TIME	4.42	5.00	5.20
8	C	M	50-59	MPH	16	15	14
				TIME	5.00	5.20	5.45
8	D	M	60+/JNR	MPH	15	14	13
				TIME	5.20	5.43	6.09
8	E	F	18-39	MPH	16	15	14
				TIME	5.00	5.20	5.43
8	F	F	40+/JNR	MPH	15	14	13
				TIME	5.20	5.43	6.09